

Kindergarten, Chapter 19 – Lent is a Time of Repentance

Bible story connections:

- Mark 2:18-20

Discussion Questions:

- Why are fasting and making sacrifices important?
- How can Lent help us get ready for Easter?
- Does your family do anything special during Lent?

Memory Work (Baltimore Catechism):

283. Which are the Holy Days of Obligation in the United States? (Note: This question will be the memory focus for four weeks.)

The Holy Days of Obligation in the United States are these six:

- *Christmas Day (December 25)*
- *Solemnity of Mary, Mother of God (January 1)*
- *Ascension Thursday (40 days after Easter)*
- *The Assumption of Mary (August 15)*
- *All Saints' Day (November 1)*
- *The Immaculate Conception (December 8)*

Catholic Brain Connections:

[Coloring pages](#)

[Ash Wednesday](#)

[Cross, Thorns, Palms](#)

[Easter Triduum](#)

[Videos](#)

[Adventure Catechism – What is Lent?](#)

[Adventure Catechism – What is Holy Week and Easter?](#)

Family Page: Ch. 19 – Lent is a Time of Repentance

Review:

Vocabulary

- Lent – Forty days before Easter, during which we use prayer and fasting to prepare to celebrate Jesus rising from the dead
- Repent – To turn away from sin
- Fasting – Going without food as a sacrifice

1) The season of Lent comes before what holiday?

Easter

2) How many days does Lent last?

Forty days

Discussion Question:

Why are fasting and making sacrifices important?

Activity:

Think of a simple sacrifice every member of your family can make on every Friday this month.

You are a Child of God!